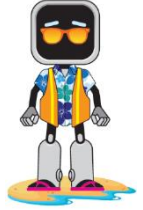


First Aid & First Aid Kits (July 2024)

Even with careful planning, accidents still may happen. In the event an accident does happen, and someone gets hurt, a first aid kit and some basic first aid knowledge can go a long way!

It is always a good idea to have basic first aid skills to treat minor injuries. Below are some first aid tips for common injuries but always consult a doctor for more severe injuries, or if you are concerned the injury will become worse.



FIRST AID TIPS

EYE IRRITATION: Wash (irrigate) the eyes with large amounts of water, occasionally lifting the lower and upper lids. If a chemical gets in the eye, flush immediately for at least 15 minutes and seek medical attention immediately.

CUT/SCRAPE: If there is bleeding, press firmly over the site with a clean cloth until it stops. Clean with lukewarm running water and gently pat dry. If the skin is broken, apply a thin layer of antibiotic ointment, then cover with a bandage or gauze and adhesive tape.

BURN: Immediately hold injury under cold running water or apply a cold, wet towel until the pain subsides. Use burn cream as needed. Cover any small blisters with a loose bandage or gauze and tape.

SPLINTER: Use soap and water to wash around the splinter. Clean a pair of tweezers with rubbing alcohol and slowly pull the splinter out. Rewash the skin.

NOSEBLEED: Sit upright and don't tilt your head back. Pinch the lower end of the nose close to the nostrils and lean forward while you apply constant pressure for five to ten minutes. Don't release and check the nose; it could prolong the bleeding.

SPRAINS, STRAINS, AND TEARS: Immobilize the affected area, elevate it, and apply ice and compression to reduce swelling. Strains accompanied by severe pain, swelling, or discoloration may require medical attention through a company-provided physician or urgent care center. In milder cases, rest, ice, and anti-inflammatory medication will help the area heal. (Always consult with your personal doctor before taking any medications.)

FIRST AID KITS

First aid kits are designed to manage all types of injuries including basic cuts, scrapes, and burns. *No matter the injury, from minor to more serious ailments, a first aid kit is your "go to" for reducing the severity of the injury and preventing infection.*



- All stores should have a fully stocked, first aid kit.
 - Keep the first aid kit in a location that is readily accessible to all associates.
 - Store in a cool, dry location where it won't get damaged.
 - Check contents monthly and replace any expired or missing (used) pieces.
 - Order new First Aid Kits through CP using CP 3000464.
- EssilorLuxottica does not allow any drugs in the First Aid Kit, including non-prescription medicine such as Tylenol.)

Do not forget that for Canadian locations an active First AID Certification per Store is *mandatory, please be sure to comply !!) *Excluded BC & MB



Remember: Always report work-related injuries no matter how small. Start with your manager or use this QR code to get started. If medical treatment beyond first aid is required, email OccupationalHealth@luxotticaretail.com so they can refer you to a company-provided physician or urgent care center.

REMIND: This month be sure to: Complete your "**Monthly EHS checklist**" in CAMS!

Don't forget to share your feedback and suggestions on how we can improve our health and safety programming! Contact RetailSafety@luxotticaretail.com with any questions.

